

DOPA MENU

Your Fun Options

FOR MORE STRATEGIES CHECK
OUT
WWW.UNCONVENTIONALORGANISATION.COM

SIDES

HELP WITH TASKS
(no time limit)

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STARTERS

QUICK DOPAMINE
(Approx. 15 min)

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MAINS

BIGGER BREAK
(Approx. 30-60min)

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DESSERT

SWEET SOMETIMES
(generally less than 15min)

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SPECIALS

BIG EVENTS
(optional category)

- Holiday
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